

Historic, Archive Document

Do not assume content reflects current scientific knowledge, policies, or practices.

1. 9482

Fr 8W268

WAR FOOD ADMINISTRATION
Office of Distribution511-513 U. S. Court House
Phone 2-1365Fort Worth 2, Texas
September 7, 1944WARTIME FOOD BULLETIN

Prunes are on the market this week, fresh prunes from the state of Washington. These are one of the best and the easiest of all the fruits to can for use this Winter, as the pits come out clean and you do not have to peel them. They contain large quantities of Vitamins A and B and iron. What more could one wish for? The flavor is wonderful, both fresh and canned. Since the season for them does not last long, generally only about a month, do not wait until they are gone and then wish that you had taken advantage of the opportunity. Have your grocer save you a lug or two, as they only weight around fifteen pounds and are not expensive. Another thing to remember is that after this month there will be very little fresh fruit left; most of it will be coming out of cold storage and most of that will be apples.

Our local fall vegetable season is just starting, with a few white and yellow squash and a few mustard and turnip greens on the market this week. These will gradually take the place of the shipped in supplies.

Gradually our supplies of apricots, pears, and plums are vanishing, with cherries and nectarines already gone. Grapes are an unknown quantity with only now and then a small lot.

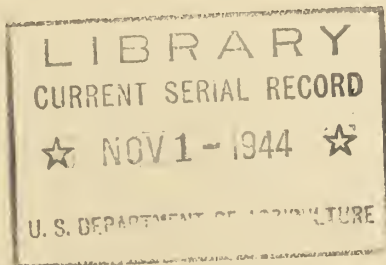
Tomato supplies stay heavy with additional supplies this week from Utah, New York & New Mexico. The price stays firm for all sections. Very few cantaloups are on the market but watermelons are going begging.

The best buys this weekend are apples, beans, cabbage, onions, peppers, prunes, rutabagas, squash, tomatoes, and watermelons.

The market is well supplied with stocks of onions and potatoes and they come from many districts. Lately there have been a few cars of large bakers which have been extra nice. Potato prices have been generally at the ceiling with onion prices just a little under, but neither is high.

The first two carloads of Colorado Elbertas have just arrived on the market.

Furnished by, Charles D. Sherman, Federal Food Reporter.



WAR FOOD ADMINISTRATION
Office of Distribution511-513 U. S. Court House
Phone 2-1365Fort Worth 2, Texas
September 14, 1944WARTIME FOOD BULLETIN

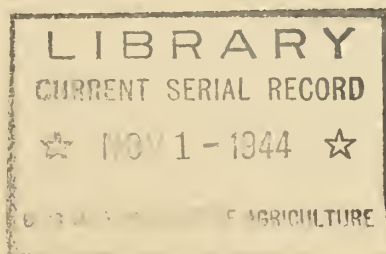
The local wholesale market is better supplied right now with a larger variety of all kinds of fruits and vegetables than at any other time this season. The quality is as good and many commodities are better than they have been. Tomatoes are the best we have had, peppers both from Colorado and New Mexico are the best since the Florida supplies last winter, and most of the fruits are at their best.

This week the supply of bulk apples has increased. These are not graded, but the culls have been taken out, and most of them are very good quality. It would seem that right now would be the best time to get the greatest bargain in these apples, because they will not be available too long. There are Jonathans from Arkansas and New Mexico, and Delicious from New Mexico. There are also good supplies of graded apples in bushel baskets and boxes. These are higher priced, but still are not to be considered high priced. There are Duchess, Jonathans, and Delicious in bushels, and Gravensteins in the boxes. While we are on the subject of apples, don't forget the crabapples that are available now, for they make a very fine jelly that the kids, and us older kids too, will really go after this winter.

Supplies of cabbage are increasing and this is one thing that needs more consumer attention right now. The price is lower and is one of the best buys now. Onions are in about the same class as cabbage. Right at this time there are large supplies of onions being dug and storage space is hard to find. We can help by storing some away for our own use later. They will keep well if stored in a dry, cool, well ventilated room. They should be checked from time to time however, and any defective bulbs removed from the others. Though there is a large surplus of onions now, the Government is taking large quantities for their needs and the supply for civilian use this winter will not be large. This is another reason for storing away some now for your own use later.

The best buys this week end are apples, beans, cabbage, carrots, cauliflower, onions, peppers, prunes, potatoes, sweet potatoes, squash, and tomatoes.

Furnished by Charles D. Sherman, Federal Food Reporter.



1. 9422

Fr 8W262

WAR FOOD ADMINISTRATION
Office of Distribution

511-513 U. S. Court House
Phone 2-1365

Fort Worth 2, Texas
September 21, 1944

WARTIME FOOD BULLETIN

There are moderate supplies of peaches on the wholesale market this week mostly from Colorado and Idaho, but we are nearing the end of the peach season for this year. The ones we have are very nice and are selling at the ceiling price. Bartlett pears are nearing the end for that variety, but there will be available some late pears for some time yet. On the farmers' market there are good supplies of Kieffer pears selling from \$1.00 to \$2.00 per bushel according to quality. These are good for preserving or cooking as they are very hard pears.

A few pumpkins and light supplies of Hubbard and Acorn squash made their first appearance of the season on our market this week, all coming from Colorado. Soon now there will be adequate supplies for all our needs.

Cauliflower in bulk, arriving mostly by truck from Colorado, is on the market now in good quantities. This comes with the long jacket leaves which protect the heads very well, and because it is not trimmed and put in crates, which saves time and material, it is that much cheaper. You will make no mistake if you use this vegetable frequently from now on. It contains two of the B vitamins and vitamin C.

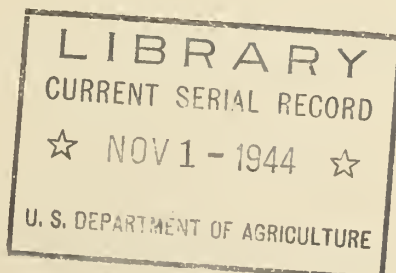
Cabbage and onion supplies continue heavy, and both are selling well below their ceilings. Cabbage is another vitamin-rich food containing all three vitamins, A, B, and C.

Because of quite heavy supplies of tomatoes on our market the last few days and because they are ripening fairly fast, there is a temporary reduction in price so as to move them before they go to waste. There is no reduction in price in the shipping sections, so to take advantage of this good buy you must hurry.

DON'T FORGET to take advantage of the prunes now on the market. Besides those in lugs we have some in half-bushel baskets.

The best buys of the week are apples, cabbage, cauliflower, onions, okra, peppers, prunes, rutabagas, squash, sweet potatoes, and tomatoes.

Furnished by Charles D. Sherman, Federal Food Reporter.



Cp 2

WAR FOOD ADMINISTRATION
Office of Distribution511-513 U. S. Court House
Phone 2-1365Fort Worth 2, Texas
September 28, 1944WARTIME FOOD BULLETIN

Heavy supplies of cabbage and cauliflower on the Fort Worth wholesale market this week have lowered the price slightly. These are both very good quality and need more consumer attention. Do not be fooled by a few of the outer leaves showing yellow and think it is old stock. It is rather because of the cool nights where they were grown which have even helped to mature them.

Onions, also in heavy supply on the market, are slightly lower in price, and now is a good time to put some away for your use later this fall.

Increased supplies of apples are building up on the market now. This week some Winter Banana, McIntosh and Winesaps appeared for the first time to go with our Delicious and Jonathans.

Most of the peaches that arrived this week were only fair condition, but these offer quite a saving if you have the time to work with them.

Grapes are with us one day and gone the next as we are still receiving only light supplies every few days. A part car of Michigan Concordes arrived this week and you may still be able to get some at your grocers along with a few Malagas and Tokays from California.

Prunes are still with us in fairly good quantities, some of them fairly ripe which are a little cheaper. Get yours while they are still available.

Grapefruit are gone from the market but it will only be two or three weeks until we are able to get the first of the new crop from the Rio Grande Valley.

There are plenty of onion sets on the market. Now is the time to plant some for your fall crop of green onions.

The best buys this week are apples, cabbage, cauliflower, carrots, onions, peaches, peppers, prunes, squash, and sweet potatoes.

Furnished by Charles D. Sherman, Federal Food Reporter.

